As we reflect upon 2018, we are filled with gratitude for your individual support, contributions, and commitment to addressing sexual violence within our community. We could not do our work without the tremendous and important support from each and every one of you. We are celebrating 15 years of serving our community in Larimer County and 8 years in Weld County, yet we still have tremendous work to do and we need your help.

Every 98 seconds, an individual is sexually assaulted (RAINN, 2018), and that statistic is just simply not acceptable. So, we continue to combat that horrific statistic through ongoing outreach, education, and arming youth with the knowledge and empowerment to create a generational shift in the way our society responds to sexual assault.

This past year has brought unexpected challenges to our doors. The inundation of reports of sexual assault through the media has been difficult at best to apprehend. The media’s portrayal of victims has been heart-wrenching and overwhelming to all of us here at SAVA. As advocates, staff, and volunteers, we are committed to listening, believing, and supporting every victim.

We therefore recognize that our services are more vital than ever, as we continue to support our community. We have the honor of providing services to every person who deserves a safe place to share their journey. Thank you so much for your support as we continue to strive towards our vision of ending sexual violence within our community.

Dorothy Farrel, DM, LCSW
Executive Director
“They have made it possible for my healing process to start, and have given me hope for my future. They have made a huge difference in my life.”

– Client Statement
The Sexual Assault Victim Advocate Center’s mission is to provide crisis intervention, advocacy, and counseling for all those affected by sexual violence, and provide prevention programs through community outreach and education.
38% were assaulted before the age of 18
86% were considered low income

1,168

* 38% were assaulted before the age of 18
* 86% were considered low income
## INCOME AND EXPENSES

### REVENUE

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Private Donations</td>
<td>$98,000</td>
<td></td>
</tr>
<tr>
<td>Government Grants</td>
<td>$463,066</td>
<td></td>
</tr>
<tr>
<td>Special Events</td>
<td>$169,582</td>
<td></td>
</tr>
<tr>
<td>Corporate, Foundation, and Nonprofit Grants</td>
<td>$116,897</td>
<td></td>
</tr>
<tr>
<td>Program Service Fees</td>
<td>$63,036</td>
<td></td>
</tr>
<tr>
<td>Miscellaneous Revenue</td>
<td>$2,631</td>
<td></td>
</tr>
<tr>
<td><strong>Total Revenue and Support</strong></td>
<td>$913,212</td>
<td></td>
</tr>
</tbody>
</table>

### EXPENSES

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$806,673</td>
<td>84%</td>
</tr>
<tr>
<td>Management and Administration</td>
<td>$70,271</td>
<td>7%</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$86,730</td>
<td>9%</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>$963,674</td>
<td></td>
</tr>
</tbody>
</table>

**Net Income**: $-50,462

---

“They are incredibly kind to our family and my daughters absolutely love them. I don’t know where we would be without them, but I do know that we are much better off with them. Thank you so much for everything.”

– Client Statement
“I like Speak Up! because it has created a safe place for me to learn and express what I feel. I also enjoy learning about how to help others.”

- Julia, Speak Up! Participant

“I understand that it is never the survivor’s fault and that if there is no sign of consent, you should ask before continuing.”

- Cayden, SART Participant

PREVENTION EDUCATION

**SPEAK UP!**

- 91 participants in Thompson School District & Poudre School District
- 57 participants in Weld County

**SUPERWORLD**

- 100 participants ages 8-12
- 23 community mentors

Served Fort Collins, Loveland, Johnstown/Milliken, and Greeley

**SART PEERS**

- 164 Poudre School District peer educators
- 3,449 Poudre School District participants
- 79 Weld County peer educators
- 2,250 Weld County participants

**ADDITIONAL YOUTH REACHED**

- 1,518 through SAVA presentations
SAVA’S PROGRAMS

**General Advocacy**
Support in accessing additional services related to sexual assault. Advocacy in working with other community service providers to ensure victims’ interests are represented.

**Crime Victim Compensation**
Assistance and guidance in completing and filing application for crime victim compensation.

**Prevention Services**
Community skill-building and strategy development to prevent sexual assault. It is our aim to change the societal norms that support sexual violence through education.

**Information and Referral**
Response to requests from victims, families, and service providers for information or assistance related to sexual assault.

**Crisis Intervention and Therapy**
Assistance by phone or in person to individuals who have been affected by sexual violence. Licensed therapists are specially trained to work with sexual assault victims and their families.

**Legal Advocacy**
Help and support for victims interested in reporting the crime to law enforcement. Assistance in filing related paperwork. Accompaniment during criminal and civil court hearings.

**Medical Advocacy**
Information on medical resources following a sexual assault. Accompaniment during the Sexual Assault Nurse Exam (SANE).

**SEXUAL ASSAULT VICTIM SERVICES**

**Therapy**
Trauma-informed counseling for victims and their loved ones
- Eye Movement Desensitization and Reprocessing (EMDR)
- Strength-based therapy
- Cognitive behavioral therapy (CBT)
- Narrative therapy
- Play therapy for younger victims of child sexual abuse (Weld County only)

**Support Groups**
Specific groups are formed to fit client needs
- Female survivor support groups
- Male survivor support groups
- Secondary survivor support groups

**Toll-Free Rape Crisis Hotline**
24-hour support for victims and their families
- Staffed by specially trained sexual assault victim advocates

“I can take the safety I feel in your office with me and use it when I feel overwhelmed”

– Client Statement
DONOR LIST

$10 - $999

Kelsey Burket
Pilar Mendoza
Simone Perry
Christopher Hall
Emma Clark
Lennie Campbell
Robert and Brenda Sanchez
Julie Steffens
Kelli O'Brien
Rose Grose
Tanya Fagan
Blair Janis
Charlene Dims
Diana Hutchinson
Jen Schwindt
Jenna Kotyk
Jennifer Prosser
Judy Filutsch
Laura Carlson
Katherine Jeracki
John Prasuhn
Elizabeth Ellison
Danny Walker
Susan Lynch
Sean Di Ciolli
Michael Ort
Meredith Hutmacher
Jen Schwindt
Jenna Kotyk
Jennifer Prosser
Judy Filutsch
Laura Carlson
Katherine Jeracki
John Prasuhn
Elizabeth Ellison
Danny Walker
Susan Lynch
Sean Di Ciolli
Michael Ort
Meredith Hutmacher

Frederick and Kathy Scholfield
Jeanne-Jensen
Jeffrey and Jody Nye
Joey and Melissa Carranco
Linda Townsend
Nikki Rainbolt
Vernon and Fonda McFarlin
Bailey and Adam Dutko
Henley Paradis
Rhonda Rowe
Jane-Geijer-Cahill
Barbara Peterson
Bryan and Stacy Ray
Carolyn Dekkers
Cheryl Beckett
Ellen Heath
Hannah Vacuren
Holly Gardner
Jane Aspen
Janice Oldemeyer
Jen Houska
Jill Vesty
Karyl Green
Katie Asstoff
Kelly Olson
Robert Bowman
Ruminate Magazine
Sarah Baietti
Shaila Parashar
Suzanne Zdenek
Tiffany Messinger
Bevery L Alles
Donnie Patch
Jeff and Beth Bierman
Joy Tandberg
Lisa Armour
S. Howsden
Fawn Johnson
Kim Dill
Lea Hanson and Kent Leier
Shoshanna Shachtman
Wanda Thompson
Julie Harding
Perry Malisani
Seth Sinning
Steven Cope
Acacia Andrews
David and Heather Huwa
Pamela Tricoli
The Colorado Health Foundation
Allison Goar
Krisa Lauer
Linda Davis
April Lewis
Barry and Teresa Waddell
Bernard Birnbaum
Beth Dickson
Blake Craig
Carolyn Anna
Christopher Brown
Christopher Hughes
Curt Bear
Daniel and Gwen Valles
Dara Jones
David and June Anne Boone
Doug Baker
Doug Coatsworth
Doug Hutchinson
Doug Reckenmier
Elyse Dewald
Gene Welch
Gerald Graham
Gordon Haszler
Greg and Jane Anderson
Janet Alderton
Janet Seeley
Jeffrey Wolff
Jeffrey and Angela Lund
Jeffrey Doran
Jennifer Bruck
Jep Enck
JoAnn Holden
John and Cheryl Algieri
John Kefalas
Joseph Gebhardt
Julie Behnke Fraser
Kathleen J Breidenbach
Kerry Thompson
Kim Iwanski
Kirsta Britton
Kristi Poulsen
Larry Dolgin
Laura Barajas
Laura Frankenberger
Lise Youngblade
Matt Lockwood
Matthew Wozniak
Michael Cornelis
Michelle and John Murray
Mike Haag
Mike Verde
Mitch Benchoof
Paul and Patricia Ludwick
R.K. Payne
Richard Hausman
Robert and Lucille Steiner
Robert and Tami Green
Russ Herrell
Ruth Carrothers
Sam Shelsands
Sandra Pope
Shawn Matz
Stephanie and Todd Gilchrist
Steven and Sarah Stoecker
The Tavern
Tim and Amy Lindgren
Todd Fields
Tracy Toystowaryk
Annie Campana
Stacy Scott
Michelle McCulloch
Matthew Casper
Tanya Cadwell
Ashley Baranyk
Nikki Grams
Dean Foundation
Mary McCaffrey
Noah Kroencke
Annmarie Carlson
Ashley Sheppard
Darcie Votipka
Dee Lammers
Ellen Thomas- Evans
Farra Larimore
Heather Bratt
Jennifer Holloway
Jill Schaefer
Johrell Duncan
Josh Collins
Levi Maxwell
Matt Murphy
Megan Russell
Michelle Doll
Miguel Laland
Robyn and David Kruger
Shannon and Dean Edwards
Tillie Peart
Donald and Jessica Baltzell
April Sammartino
Carly Rayburg
Christian Atherton
Melissa Grogan
Pamela Collins
Allison Burford
Andrew Kensing
Andrew Priebke
Ben Whitney
Dara
Delores Frink
George Raw
Janna Kregoski
Jay and Valery Feavel
Josceylin Shively
Judith Plows
Kevin Carroll
Kley Holger
McKee
Lauren Costantini
Lisaeth Rutherford
Margaret Zebley
Michael Lester
Ryan Oliver
Scott Downey
Sherine Harvandi
Steve Wrenn
Fran Hardman
Margaret Sweeney-Mckiel
Diana Podein
Abel Cisneros
Anne Messerli
Austin Morford
Brett Johnson
Brian Mannelein
Brita Gaeedett
Dorothy Ferrel
Guy & Kathy Hendt
Jackie Pella-Shuster
Jenn Mann
Jessie Kern
Karen Somday
Katie Buttermore
Katie Uhlenbrock
Rachel Weigle
Valerie Beers
Owen and Tinnock
Orthodontists
Blue Ocean Foundation
Allison Whitney
Carrie Endres
Kathi Dougherty
Vicky Kozak
Connor Grogan
Derek Kruger
Heather Valconesi
Holly Ashby
Marge Norskog
Michael Pustnik
Ben Stephens
Devin and Alanna Moses
Ellen Kozberg
Gigi and Tom Kjos
Jeff and Jenny Clark
Kristina Murphy
Rebekah Schneider
Elliott Heigert
Anthea Carrasco
Peter Henderson
Jay Bifflle
Jodi Merril
Pamela Lee Simmons
Peggy Naylor
Mike Miller
Emily Ekarl
Arleen Richardson
Aurora Occhiato
Bailey McLennan
Tinglewood Tree Service
Business Card Factory
Snowbank Brewing
Wells Fargo Advisors
Bret Weigle
Allison Biggs
Bill Schachtman
Eide Bailly

Jamie Tover
Ali Lodice
Matthew Lopez
Jennifer and Torrey McCoy
Tina and Benjamin Barola
Blair Denison
Denise Bowser
Erin Barzak
Lina Campana
Nicole Staudinger
Kady Willner
Larimer County Community Corrections
Greeley Police Officers
Association
Anderson & Whitney
UC Health
Assured Partners
Colorado Tarantino Wealth Management
Tar Mar Mechanical, INC
Bucking Horse
Left Lane Communications
Sears Real Estate and the Baker Team
Tanglewood Tree Service
I have grown so much in such a short time. I’m so thankful for this help.

– Client Statement
“Sarah” a sixteen-year-old female came to SAVA seeking services after a sexual assault that occurred in January. She reported extreme sadness, disappointment, and anger at herself, sleep disturbance, and hypervigilance. Also, she was having struggles at home with her parents’ response to her sexual assault. Her goals were to increase feelings of happiness, gain a sense of calmness and relaxation, and prevent further behavioral problems that could result from the sexual assault.

The client was extremely consistent in coming to her appointments and made great strides in achieving these goals. Perhaps the greatest accomplishment is that through building rapport in the therapy room, introspection outside of therapy sessions, and discussion about the aspects of shame, she became more willing and able to candidly discuss the sexual assault without great distress. Through learning and developing stronger coping skills, she found that she could more easily manage her anxiety.

As her anxiety was reduced, she found that her sleeping patterns were more regular and restful. She continues to improve in her day-to-day functioning.

“Joey” is a sixteen-year-old male who was sexually assaulted on a date. He came to SAVA seeking therapy services shortly after the sexual assault. Initially, he was struggling with intrusive thoughts and memories, feelings of shame and self-loathing, intense sadness, and difficulty focusing on his schoolwork and extra-curricular activities. He was also struggling with relationships with those closest to him, as he felt that trust had been violated by some friends and family at the time of the assault.

Gradually, through hard work in weekly therapy sessions, Joey became aware that the sexual assault was not his fault. Through discussing the events that had transpired, he was more able to assign blame where appropriate. One of his goals was to become more comfortable with who he was as a person, and Joey gradually began to like himself again. He learned new ways to communicate with his family and friends that resulted in stronger, more fulfilling relationships. His grades improved and he found joy in spending time with his friends again. Joey is looking forward to beginning to date again, and he feels hopeful for the future.
“They help me see I matter.”

- Client Statement