

# 2019 SAVA ANNUAL REPORT



 **SAVA**  
SEXUAL ASSAULT  
VICTIM ADVOCATE  
CENTER



# LETTER FROM THE EDITOR

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As we reflect upon 2019, we are filled with gratitude for our community's support, contributions, and commitment to addressing sexual violence throughout Northern Colorado. Over the past year, the staff and volunteers of SAVA have been busy fulfilling our mission of providing crisis intervention, advocacy, and counseling to over 1,400 individuals who were affected by sexual violence. In 2019, SAVA was blessed with the wonderful generosity of a donor who purchased a building and community members who donated supplies and materials for us to open our third office in Loveland. This allowed us to double the number of individuals we served from Southern Larimer County over the last year. Finally, during the 2018-19 school year, our prevention team was hard at work providing 9,700 students in Poudre, Thompson, Estes Park, Greeley and surrounding school districts with education and support surrounding sexual violence. This is a 200% increase from the previous year.

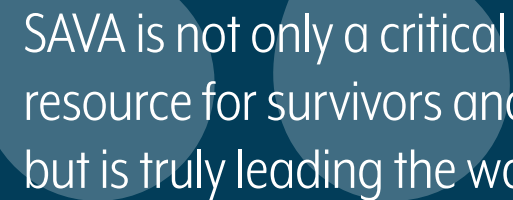
Yet, we have so much work to do. According to the Department of Justice, an individual is sexually assaulted every 73 seconds in the United States, equating to 1:3 women, 1:6 men, and 1:2 transgendered individuals being assaulted in their lifetime. Our society continues to face an inundation of media reports and triggering events surrounding sexual assault. With your assistance, SAVA will continue to provide outreach, advocacy, therapy, prevention, and education to tackle the ongoing sexual violence our society faces. Thank you for your generosity, awareness, and voices to assist us in striving towards our vision of eradicating sexual violence.

With sincere appreciation,

Dorothy Farrel, DM, LCSW  
Executive Director, SAVA

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SAVA is not only a critical community resource for survivors and their families, but is truly leading the way to end sexual violence in our communities.

– COMMUNITY PARTNER



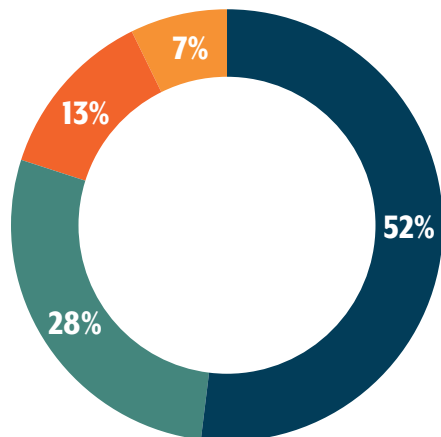
## MISSION

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The Sexual Assault Victim Advocate Center's mission is to provide crisis intervention, advocacy and counseling for all those affected by sexual violence and provide prevention programs through community outreach and education.

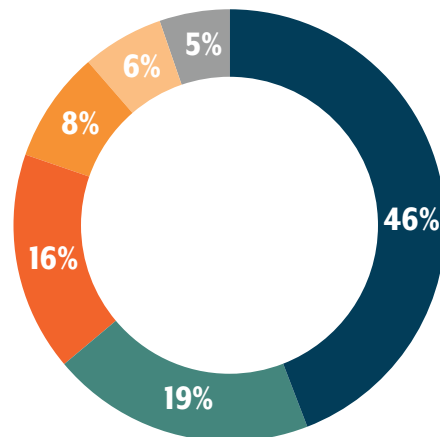
# ABOUT THE PEOPLE WE HELP

## RELATIONSHIP TO PERPETRATOR



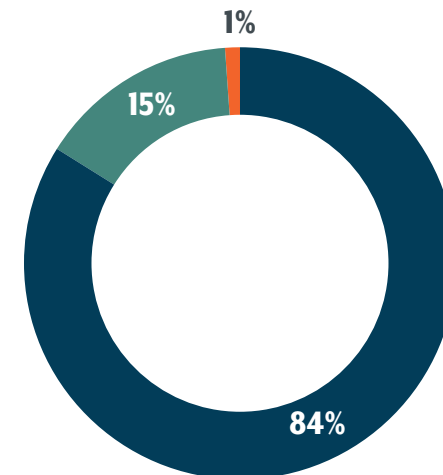
- Friend/Acquaintance
- Family member
- Partner
- Stranger

## CITY



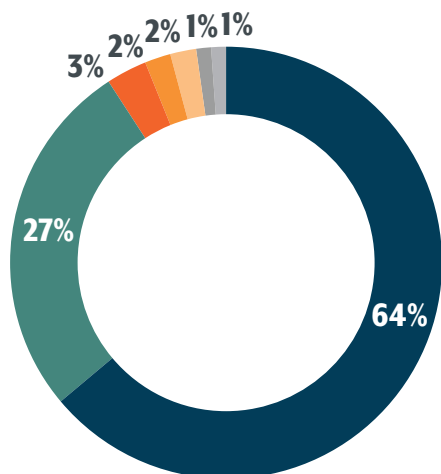
- Fort Collins
- Greeley
- Loveland
- Other
- Weld County (Excluding Greeley)
- Larimer County (Excluding Fort Collins and Loveland)

## GENDER



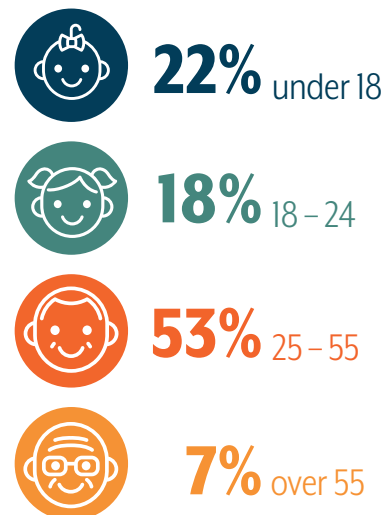
- Female
- Male
- Other

## ETHNICITY



- Caucasian
- Latino
- Other
- African American
- Native American
- Asian/Pacific Islander
- Multiple Races

## AGE



\*41% were assaulted before the age of 18  
 \*85% were considered low income

## HOTLINE CALLS



# 1404

For a man who was abused his entire childhood, it was hard to share and not feel judged. Therapy opened my world and encouraged me to find the strength I needed to say “I am a survivor” and I am no longer ashamed of that.

– SAVA CLIENT

## INCOME AND EXPENSES

### REVENUE

\$596,162	Individual and Corporate Donations
\$564,227	State and Local Government Grants
\$184,624	Special Events
\$182,625	Corporate, Foundation, and Nonprofit Grants
\$109,564	Program Service Fees
\$9,487	Miscellaneous Revenue
<b>\$1,646,689</b>	<b>TOTAL REVENUE</b>

### EXPENSES

\$205,147	Management and Administration
\$988,220	Program Services
\$68,627	Fundraising
<b>\$1,261,994</b>	<b>TOTAL EXPENSES</b>

**\$384,695** NET INCOME  
(These unaudited numbers do not reflect the purchase of the Loveland Building)

# PREVENTION EDUCATION



## SART PEERS

- **183** Poudre School District peer educators
- **4,646** Poudre School District participants
- **79** Weld County peer educators
- **2,673** Weld County participants



## SPEAK UP!

- **104** participants in Thompson School District & Poudre School District
- **46** participants in Weld County



## SUPERWORLD

- **75** participants ages 8-12
- **23** community mentors
- Served Fort Collins, Loveland, Johnstown/Milliken, and Greeley

**1,338** ADDITIONAL YOUTH REACHED THROUGH SAVA PRESENTATIONS

Thank you for coming and taking time to teach us about all of the things you did. We all appreciated it. I'm so glad we had a safe space to talk about things we were hesitant to talk about before. I will miss it!

– SPEAK UP! STUDENT



# PROGRAMS AND SERVICES

## SEXUAL ASSAULT VICTIM SERVICES

Support in accessing additional services related to sexual assault. Advocacy in working with other community service providers to ensure victims' interests are represented

### **Toll-Free Rape Crisis Hotline**

24-hour support for victims and their families.

### **Legal Advocacy**

Help and support for victims interested in reporting the crime to law enforcement. Assistance in filing related paperwork. Accompaniment during criminal and civil court hearings.

### **Medical Advocacy**

Information on medical resources following a sexual assault. Accompaniment during the Sexual Assault Nurse Exam.

### **Crime Victim Compensation**

Assistance and guidance in completing and filing application for crime victim compensation.

### **Information and Referral**

Response to requests from victims, families, and service providers for information or assistance related to sexual assault.

## COMMUNITY OUTREACH

### **Sexual Assault 101**

Community awareness presentations involving topics related to sexual violence, including sexual harassment and SAVA Services.

### **Raise the Bar**

Education and awareness training for restaurant and bar industry workers on safety, intervention and support in activities involving drinking.

### **Prevention Education**

Community skill-building and strategy development to prevent sexual assault. It is our aim to change the societal norms that support sexual violence through education.

## THERAPY

Services provided to clients will be determined based on availability, need and fit of therapists.

- Trauma-specific counseling for victims and their loved ones.
- Eye Movement Desensitization and Reprocessing (EMDR)
- Strength-based therapy
- Cognitive behavioral therapy
- Narrative Therapy
- Play therapy for younger victims of child sexual abuse, ages 3 and up (Loveland and Greeley offices only).

## SUPPORT GROUPS

Specific groups are formed based on client needs. Examples of past groups include:

- Female survivor support groups
- Male survivor support groups
- Secondary survivor support groups

I have my life back, I can manage my triggers and anxiety and no longer dread waking up in the morning.

– SAVA CLIENT



# DONOR LIST

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The Women's Clinic  
United Way of Weld County

SPECIAL THANK YOU TO OUR ANONYMOUS  
DONOR FOR THEIR \$450,000 DONATION FOR  
THE SAVA LOVELAND BUILDING.



# CLIENT STORIES

## "MARCIA"

"Marcia," age 33, is a female client that has been receiving individual therapy services at SAVA for several months. She started therapy services because she had panic attacks and attempted suicide. Throughout her time at SAVA she learned about common symptoms of trauma, learned positive coping strategies to deal with intense emotions and she was able to process her childhood sexual abuse. She came to her realization that it wasn't her fault and freed herself from guilt and shame. Now, she went back to school, got married and reported feeling happy with her family. At her last session, she was very thankful and acknowledged all the progress she had made.

## "JUAN"

"Juan" was an inmate in a State Correctional Facility where he was brutally beaten and sexually assaulted by other inmates. He called the SAVA Hotline. SAVA advocates were able to interface with State Prison Officials, arrange a meeting with "Juan," and facilitate a move to another facility where many of the factors that led to his assault were absent or mitigated, resulting in greater safety for him. SAVA serves all victims of sexual assault—whatever the circumstances, and whatever the situation. For "Juan," though sentenced to a lengthy prison term, sexual assault was (and is) never part of the sentence. All people deserve to be free from the threat of sexual violence—and SAVA recognizes and is working to address the vulnerability and high risk of those in jails and prisons throughout our state.



# STAFF AND BOARD OF DIRECTORS

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## CONTACT

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Fort Collins, CO 80525  
970-472-4204

1570 W 1st Street  
Loveland, CO 80537  
970-775-2962

921 38th Avenue Court  
Greeley, CO 80634  
970-506-4059

[www.savacenter.org](http://www.savacenter.org)



“SAVA reminded me that I matter, that I am in charge and I am not broken.”

– SAVA CLIENT