SAVA ANNUAL REPORT





The pervasiveness of sexual violence is a serious public health issue in the United States that has both short- and long-term consequences. Victims are at an increased risk for developing depression, PTSD, substance use disorders and anxiety (Mental Health America). Violence committed against youth can have long lasting, negative effects on physical health, mental well-being, and lifetime opportunities. Every survivor reacts differently to their experience, with emotions including shame, guilt, fear, sadness, lack of control, disbelief, and denial. Reactions can also be psychological and physical, like having nightmares or flashbacks, dissociation, anxiety, and substance use or abuse (NSVRC 2018). These impacts ripple through our community, and we are committed to addressing this issue through consistent supportive services and prevention education to those who need it.

Looking back at 2021, it was both an uplifting and a heart-wrenching year. It was a year that truly tested SAVA and our ability to serve all those impacted by sexual violence. After enduring an ever-changing 2020 along with the rest of the country, the SAVA team could not predict what was in store for 2021. It seemed that the minute restrictions were loosened, the SAVA hotline and offices were flooded with requests for support and assistance from local survivors and their loved ones. March 2021 saw an uptick in clients, and it never slowed from there. SAVA served 1,357 individuals in 2021; our highest number of clients ever recorded in one year. SAVA staff and volunteers saw our clients need more assistance around housing, food insecurity and child-care than in the past and we witnessed an escalation of violence in the cases we assisted with. Although it was difficult to see so many people suffering, it was humbling and awe-inspiring to be a part of someone's healing journey and witness the incredible strength and resilience of survivors.

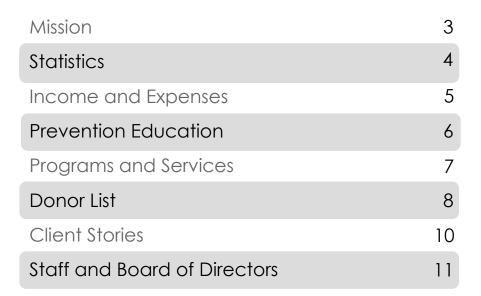
Throughout this unprecedented year, the SAVA team never lost sight of what was important to our agency: supporting survivors and serving as a consistent, reliable, affirming, and supportive influence in their lives.

After SAVA prevention programming came to almost a complete halt in 2020, 2021 saw our numbers start to climb and the SAVA prevention team was able to provide programming and resources to 5,476 youth in schools and community settings, offering programs both virtually and in-person. Despite any challenges our community faces, SAVA is here to take a stand against violence and support survivors.

On behalf of the SAVA staff, volunteers, and the board of directors, thank you for being a part of SAVA's mission to support all those impacted by sexual violence. We look forward to continuing to work toward ending sexual violence in Northern Colorado.

Amanda Olivier
Executive Director

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SAVA is not only a critical community resource for survivors and their families, but is truly leading the way to end sexual violence in our communities.

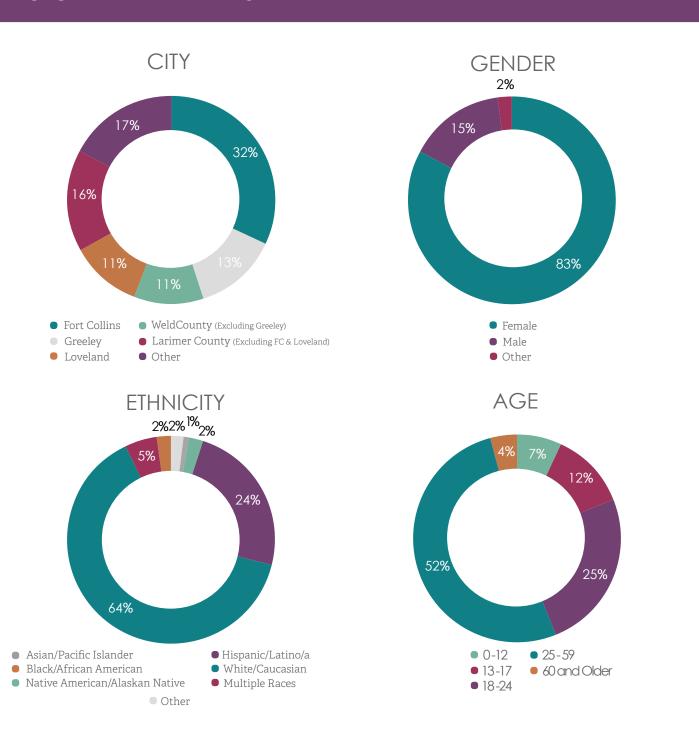
- COMMUNITY PARTNER



OUR MISSION

The Sexual Assault Victim
Advocate Center's mission is to
provide crisis intervention,
advocacy and counseling for all
those affected by sexual violence
and provide prevention programs
through community outreach
and education.

ABOUT THE PEOPLE WE HELP



TOTAL CLIENTS

1,357

For a man who was abused his entire childhood, it was hard to share and not feel judged. Therapy opened my world and encouraged me to find the strength I needed to say, "I am a survivor" and I am no longer ashamed of that.

- SAVA CLIENT

INCOME AND EXPENSES

REVENUE

\$105,235.55	Individual and Corporate Donations
\$698,459.09	State and Local Government Grants
\$122,508.25	Special Events
\$124,745.89	Foundation and Nonprofit Grants
\$30,978.57	Program Service Fees
\$1,487.63	Miscellaneous Revenue
\$1 083 414 98	TOTAL REVENUE

EXPENSES

\$1,065,735.75	Salaries and Related Expenses
\$26,919.75	Contract Services
\$45,426.06	Non-Personnel Expenses
\$46,835.43	Event Expenses
\$67,715.98	Other Expenses
\$1,252,632.97	TOTAL EXPENSES

\$(-169,217.99) NET INCOME

(These unaudited numbers do not reflect the purchase of the Loveland Building)

PREVENTION EDUCATION

WELD COUNTY: 943

Elementary: 136Middle School: 75High School: 628

• Adults: 104

 Young Adults with Intellectual/Developmental Disabilities (IDD): 11

• Students with IDD: 10

LARIMER COUNTY-FORT COLLINS: 4,256

• Elementary: 59

Middle School: 1,516High School: 2,366

• Adults: 315

 Young Adults with Intellectual/Developmental Disabilities (IDD): 25

• Students with IDD: 22

LARIMER COUNTY (Outside of Fort Collins): 277

Elementary: 76Middle School: 40High School: 27

• Adults: 134

 Young Adults with Intellectual/Developmental

Disabilities (IDD): 20
• Students with IDD: 8

SART PEER EDUCATORS

Larimer: 167Weld: 30

5,476 NOTHERN COLORADO YOUTH REACHED THROUGH PREVENTION EDUCATION

2.552 ADDITIONAL COMMUNITY MEMBERS REACHED THROUGH SAVA PRESENTATIONS

Thank you for coming and taking time to teach us about all of the things you did. We all appreciated it. I'm so glad we had a safe space to talk about things we were hesitant to talk about before. I will miss it!

- SPEAK UP! STUDENT



PROGRAMS AND SERVICES

SAVA'S PROGRAMS

CRISIS INTERVENTION & THERAPY

Assistance by phone or in person to individuals who have been affected by sexual violence. Licensed therapists specially trained to work with sexual assault victims and their families.

MEDICAL ADVOCACY

Information on medical resources following a sexual assault.
Accompaniment during the Sexual Assault Nurse Exam.

IFGAL ADVOCACY

Help and support for victims interested in reporting the crime to law enforcement. Assistance in filing related paperwork. Accompaniment during criminal and civil court hearings.

GENERAL ADVOCACY

Support in accessing additional services related to sexual assault. Advocacy in working with other community service providers to ensure victims' interests are represented.

CRIME VICTIM COMPENSATION

Assistance and guidance in completing and filing application for crime victim compensation.

PREVENTION SERVICES

Community skill-building and strategy development to prevent sexual assault. It is our aim to change the societal norms that support sexual violence through education.

INFORMATION AND REFERRAL

Response to requests from victims, families, and service providers for information or assistance related to sexual assault.

SEXUAL ASSAULT VICTIM SERVICES

TOLL-FREE RAPE CRISIS HOTLINE

- 24-hour support for victims and their families
- Staffed by specially-trained sexual assault victim advocates

THFRAPY

- Trauma-specific counseling for victims and families
- Eye Movement Desensitization and Reprocessing (EMDR)
- Strength-based therapy
- Cognitive behavioral therapy
- Narrative Therapy
- Play therapy for younger victims of child sexual abuse

SUPPORT GROUPS

Specific groups are formed to fit individual client needs.

- Female survivor support groups
- Male survivor support groups
- Secondary survivor support groups
- LGBTQ+ survivor support groups

I have my life back,
I can manage my
triggers and anxiety
and no longer dread
waking up in the
morning.

- SAVA CLIENT

DONOR LIST

\$0 - \$999

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Crooked Key Escape Room

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Loveland Laser Tag

The CBD Store Boondocks Succulent Studio Fiske Planetarium Gameworks Colorado Water Sports The Dog Ranch Crazy Cat Lady Syntax Spirits Rovers Ranch Cheyenne Mountain Zoo Mulberry house Jackalope Brewing Company Galena's Kandy Kitchen Galena, IL Shaker & sPoon Cocktail Club Firehouse Xpress Car Wash Syntax Height of Health Massage Bryan Anthony's Moonflower Community Coorperative Natural Foods Store Moab Drury Hotels Fiske Planetarium Gameworks Denver The Tattered Cover Scheel's KitNip Box TheraBox Palmer Flowers Fort Collins Country Club Colorado Shoe School Bloom Floral Boutique Maxline Brewing The Cupcake Gypsies Hills Have Pies Moab Tourism Center Painted Primrose Pi Chai Mobb Mountain Brewery

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\$5,000+

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CLIENT STORIES

"MARCIA"

"Marcia," age 33, is a female client that has been receiving individual therapy services at SAVA for several months. She started therapy services because she had panic attacks and attempted suicide. Throughout her time at SAVA she learned about common symptons of trauma, learned positive coping strategies to deal with intense emotions and she was able to process her childhood sexual abuse. She came to her realization that it wasn't her fault and freed herself from guilt and shame. Now, she went back to school, got married and reported feeling happy with her family. At her last session, she was very thankful and acknowledged all the progress she had made.

"JUAN"

"Juan" was an inmate in a State Correctional Facility where he was brutally beaten and sexually assaulted by other inmates. He called the SAVA Hotline. SAVA advocates were able to interface with State Prison Officials, arrange a meeting with "Juan," and facilitate a move to another facility where many of the factors that led to his assault were absent or mitigated, resulting in greater safety for him. SAVA serves all victims of sexual assault—whatever the circumstances, and whatever the situation. For "Juan," though sentenced to a lengthy prison term, sexual assault was (and is) never part of the sentence. All people deserve to be free from the threat of sexual violence—and SAVA recognizes and is working to address the vulterability and high risk of those in jails and prisons throughout our state.



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SAVA reminded me that I matter, that I am in change and I am

not broken.

- SAVA CLIENT

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